

## Crossroads Breakfast Menu April 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b>	<b>2</b> <b>BREAKFAST MEAL KIT</b> Strawberry Pop Tart Mini Animal Crackers 100% Fruit Juice Choice of Milk	<b>3</b> <b>BREAKFAST MEAL KIT</b> Lucky Charms 100% Fruit Juice Strawberry Crackers Choice of Milk	<b>4</b> <b>BREAKFAST MEAL KIT</b> Fudge Pop Tart Mini Animal Crackers 100% Fruit Juice Choice of Milk	<b>5</b> <b>BREAKFAST MEAL KIT</b> Cocoa Puff Bar Cheez Itz 100% Fruit Juice Box Choice of Milk
	<b>8</b> <b>BREAKFAST MEAL KIT</b> Fruit Loops Animal Graham Crackers 100% Juice Box Choice of Milk	<b>9</b> <b>BREAKFAST MEAL KIT</b> Strawberry Pop Tart Mini Animal Crackers 100% Fruit Juice Choice of Milk	<b>10</b> <b>BREAKFAST MEAL KIT</b> Lucky Charms 100% Fruit Juice Strawberry Crackers Choice of Milk	<b>11</b> <b>BREAKFAST MEAL KIT</b> Fudge Pop Tart Mini Animal Crackers 100% Fruit Juice Choice of Milk	<b>12</b> <b>BREAKFAST MEAL KIT</b> Cocoa Puff Bar Cheez Itz 100% Fruit Juice Box Choice of Milk
	<b>15</b> <b>BREAKFAST MEAL KIT</b> Fruit Loops Animal Graham Crackers 100% Juice Box Choice of Milk	<b>16</b> <b>BREAKFAST MEAL KIT</b> Strawberry Pop Tart Mini Animal Crackers 100% Fruit Juice Choice of Milk	<b>17</b> <b>BREAKFAST MEAL KIT</b> Lucky Charms 100% Fruit Juice Strawberry Crackers Choice of Milk	<b>18</b> <b>BREAKFAST MEAL KIT</b> Fudge Pop Tart Mini Animal Crackers 100% Fruit Juice Choice of Milk	<b>19</b> <b>BREAKFAST MEAL KIT</b> Cocoa Puff Bar Cheez Itz 100% Fruit Juice Box Choice of Milk
All bread is whole grain	<b>22</b> <b>BREAKFAST MEAL KIT</b> Fruit Loops Animal Graham Crackers 100% Juice Box Choice of Milk	<b>23</b> <b>BREAKFAST MEAL KIT</b> Strawberry Pop Tart Mini Animal Crackers 100% Fruit Juice Choice of Milk	<b>24</b> <b>BREAKFAST MEAL KIT</b> Lucky Charms 100% Fruit Juice Strawberry Crackers Choice of Milk	<b>25</b> <b>BREAKFAST MEAL KIT</b> Fudge Pop Tart Mini Animal Crackers 100% Fruit Juice Choice of Milk	<b>26</b> <b>BREAKFAST MEAL KIT</b> Cocoa Puff Bar Cheez Itz 100% Fruit Juice Box Choice of Milk
Menu subject to change	<b>29</b> <b>BREAKFAST MEAL KIT</b> Fruit Loops Animal Graham Crackers 100% Juice Box Choice of Milk	<b>30</b> <b>BREAKFAST MEAL KIT</b> Strawberry Pop Tart Mini Animal Crackers 100% Fruit Juice Choice of Milk	<b>May 1</b> <b>BREAKFAST MEAL KIT</b> Lucky Charms 100% Fruit Juice Strawberry Crackers Choice of Milk	<b>May 2</b> <b>BREAKFAST MEAL KIT</b> Fudge Pop Tart Mini Animal Crackers 100% Fruit Juice Choice of Milk	<b>May 3</b> <b>BREAKFAST MEAL KIT</b> Cocoa Puff Bar Cheez Itz 100% Fruit Juice Box Choice of Milk

The National School Lunch Program states that no student will be discriminated against on the basis of race, color, national origin, sex, age, or disability

# Crossroads Lunch Menu

April 2024

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	<b>1</b> <b>Spring Break</b>	<b>2</b> <b>WALKING TACOS</b> with Whole Grain Tortilla Chips Black Beans / Corn Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	<b>3</b> <b>CHICKEN NUGGETS</b> Whole Grain Dinner Roll Mashed Potatoes Red Peppers Assorted Fresh Fruit Choice of Low Fat Milk	<b>4</b> <b>ASIAN CHICKEN</b> on Bed of Brown Rice Steamed Broccoli Fresh Cauliflower Assorted Fresh Fruit Choice of Low Fat Milk	<b>5</b> <b>MEATLOAF</b> Whole Grain Dinner Roll Mashed Potatoes Red Peppers Assorted Fresh Fruit Choice of Low Fat Milk
Don't forget to take at least one fruit or veggie with each meal  Grades 9-12 may take two fruits	<b>8</b> <b>SLOPPY JOES</b> on Whole Grain Bun Hash Browns Fresh Cauliflower Assorted Fresh Fruit Choice of Low Fat Milk	<b>9</b> <b>HOT HAM &amp; CHEESE SANDWICH</b> on Whole Grain Bun Steamed Broccoli Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	<b>10</b> <b>CHICKEN SANDWICH</b> on Whole Grain Bun Baked Beans Fresh Broccoli Assorted Fresh Fruit Choice of Low Fat Milk	<b>11</b> <b>PENNE PASTA with MEAT SAUCE</b> Garden Romaine Salad Whole Grain Breadstick(9-12) Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	<b>12</b> <b>FRENCH BREAD PIZZA</b> Garden Romaine Salad Fresh Carrots Assorted Fresh Fruit Choice of Low Fat Milk
Weekly vegetable sub groups may include: dark green, red/orange, legumes, starchy, and other	<b>15</b> <b>MEATBALL HOAGIE</b> on Whole Grain Bun French Fries Baby Tomatoes Assorted Fresh Fruit Choice of Low Fat Milk	<b>16</b> <b>NACHOS GRANDE</b> on Whole Grain Tortilla Chips Corn or Black Beans Celery Sticks Assorted Cupped and Fresh Fruit Choice of Low Fat Milk	<b>17</b> <b>CHICKEN TENDERS</b> Whole Grain Dinner Roll Mashed Potatoes Red Peppers Assorted Fresh Fruit Choice of Low Fat Milk	<b>18</b> <b>ZITI PASTA with MEAT SAUCE</b> Garden Romaine Salad Whole Grain Breadstick(9-12) Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	<b>19</b> <b>STUFFED CRUST PIZZA</b> Garden Romaine Salad Fresh Carrots Assorted Fresh Fruit Choice of Low Fat Milk
Milk offered daily: fat free chocolate, 1% white  All bread is whole grain	<b>22</b> <b>CHEESEBURGERS</b> French Fries Fresh Cauliflower Assorted Fresh Fruit Choice of Low Fat Milk	<b>23</b> <b>WALKING TACOS</b> with Whole Grain Tortilla Chips Black Beans / Corn Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	<b>24</b> <b>CHICKEN SANDWICH</b> on Whole Grain Bun Baked Beans Fresh Broccoli Assorted Fresh Fruit Choice of Low Fat Milk	<b>25</b> <b>ROTINI with MEAT SAUCE</b> Garden Romaine Salad Whole Grain Dinner Roll(9-12) Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	<b>26</b> <b>FILET O' FISH SANDWICH</b> Tater Tots Fresh Carrots Assorted Fresh Fruit Choice of Low Fat Milk
Cheez-its Grades 7-12 on 4/6 4/14-17 4/20 4/27  Menu subject to change	<b>January 28</b> <b>TOASTED CHEESE SANDWICH</b> Tomato Soup Carrot Sticks Assorted Fresh Fruit Choice of Low Fat Milk	<b>January 29</b> <b>SHRIMP POPPERS</b> Dinner Roll Broccoli & Cheese Fresh Cauliflower Assorted Fresh Fruit Choice of Low Fat Milk	<b>May 1</b> <b>BAKED CHICKEN</b> Whole Grain Dinner Roll Mashed Potatoes Red Peppers Assorted Fresh Fruit Choice of Low Fat Milk	<b>May 2</b> <b>PENNE PASTA with MEAT SAUCE</b> Garden Romaine Salad Whole Grain Dinner Roll (9-12) Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	<b>May 3</b> <b>CHEESE PIZZA</b> Garden Romaine Salad Fresh Cukes Assorted Fresh Fruit Choice of Low Fat Milk

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